



HOT COCOA MUGS & Holiday Sweets

**A knit scarf pattern by Candace O. based
on a crochet design by Twinkie Chan**



Knit the coziest and sweetest hot cocoa scarf this holiday season. You can make a scarf that is all Hot Cocoa Mugs, or a scarf that is all Holiday Sweets sections with a Hot Cocoa Mug appliqued on the ends of the scarf, or you can choose to make just one or two pieces of any pattern here and the Warm Up America! team will assemble them into scarves along with other people's pieces. We designed this "Stitched with Sweets" project to be as accessible as possible so that anyone can participate at any skill level as well as any amount of time and yarn that they have to donate.

Note about Hot Cocoa Mug patterns:

There are two versions of this pattern included, one in Garter stitch for those who prefer to only do knit stitches, and one in 1x1 Rib stitch for those who would like a stockinette stitch look that lays flat with no curling.

Knit Mug: Garter Stitch Pattern

(Pictured on first page)

MATERIALS

Needles: US #7

Yarn: Lion Brand Heartland

Gauge: 19 sts / 37 rows = 4x4" in Garter stitch

Finished mug: Approx. 4.75" wide x 6.5" long

Finished mug scarf: Approx. 4.75" wide x 72" long

Finished section scarf: Approx. 7" wide x 72" long

ABBREVIATIONS in U.S. Terms

st: stitch

K: knit stitch

sl1p: slip 1 st purlwise with yarn in front

kfb: Knit front and back increase

K2tog: Knit 2 together decrease

P2tog: Purl 2 together decrease

C1: Color 1: Mug color suggestions:

- **LB Heartland:** Lassen Volcanic (Pink)
- **LB Heartland:** Congaree (Light Blue)
- **LB Heartland:** Channel Island (Mint; solid only, not recommended for stripes due to lack of contrast with cream)

C2: Color 2: Stripe color

- **LB Heartland:** Acadia (Cream)

C3: Color 3: Drink color

- **LB Heartland:** Sequoia (Dark Brown)

RS: Right side with design

WS: Wrong/back side with lines from color changes

NOTES

- Sl1p is done at the start of each row to create the chain edge

Notes about color changes:

- All color changes (even 1 or 2 stitches) are done on odd numbered rows to prevent stripes showing on the front side of the piece. If you ever lose track, you can tell if you're on an odd row if the tail of the project is hanging on the left side of your work.
- When doing color changes (including on the rows where it switches to C1 only after previously having C2), to prevent gaps, I recommend using this connecting method found at: <http://yarnsub.com/articles/techniques/twist-and-weave-color-change/>
 - Specifically, I recommend doing it at least on the RS (design side) and then for the WS this is the method I used:
 - Move the old color to the front, make sure it's on top of the new color
 - Pull the new color tight around the old color (the new color should be coming from under the old color to secure it)
 - Move the new color strand to the back, and ensure the both colors are pulled snug (not too tight) when you knit the next stitch
- You can also do the joining method on the WS too, but it makes the edge of the stripe a little weird, so I found that doing the joining method on the RS is sufficient. If you do decide to do it on the WS, though, I would recommend leaving the strand of the color you're transferring from hanging on the RS until you come back to it on the following row, as bringing it to the WS after doing the joining method may result in the colors overlapping a bit).
- If this method proves too difficult, you can also just twist the strands of the two colors together before starting the new color, however this doesn't provide as a secure switch.
- If making mug WITHOUT stripes, disregard the color changes on the rows that mention C2 and just stick with C1 the whole time
- Re: leaving tails, I have given approximate lengths of recommended tails to leave so you can use that yarn for stitches without having to start a new yarn every time you switch colors. That said, some of the tails are very long so I'd recommend rolling them in mini balls or using bobbins etc. to keep them from tangling.
- An intarsia chart is included if you prefer to follow along that way instead of the written out pattern.

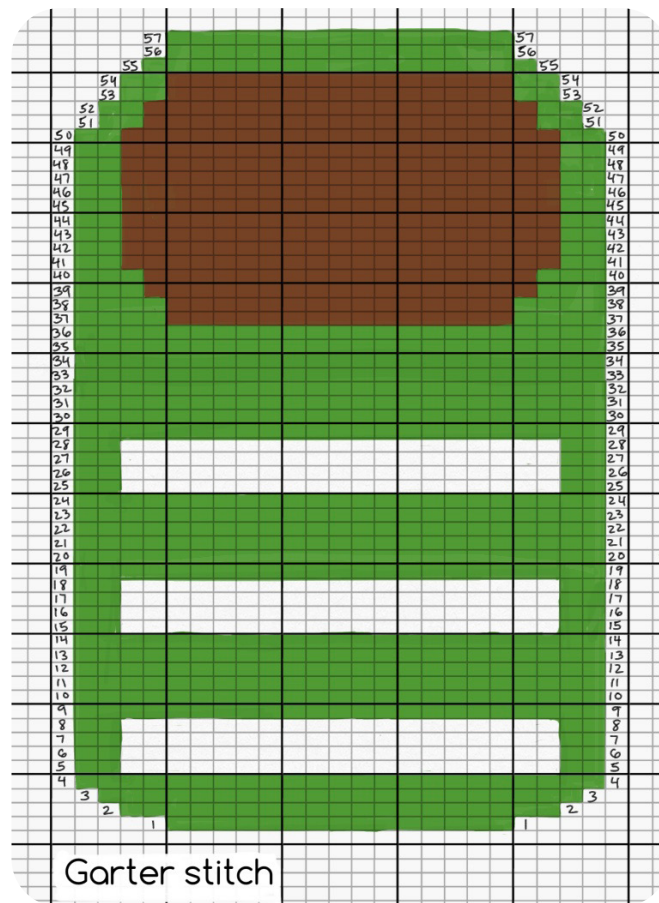
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In C1, CO 15 sts

1. Sl1p, K all til end of row (15)
2. Sl1p, Kfb 2, K all sts until last 3 sts, Kfb 2, K1 (19)
3. Sl1p, Kfb 1, K all sts until last 2 sts, kfb 1, K1 (21)
4. Sl1p, Kfb 1, K all sts until last 2 sts, kfb 1, K1 (23)
5. STRIPE 1: Sl1p, K1, then cut C1 with approx. 30-36" tail, switch to C2 and K all sts until last 2, switch to C1 and K2 (23)
6. STRIPE 1: Sl1p, K1 in C1, switch to C2 and K all sts until last 2, switch to C1 and K2 (23)
7. Repeat prev. row
8. STRIPE 1 END: Repeat prev. row
9. Sl1p, K all in C1 (23) (securing loose strands from previous row if you choose to). Make sure to switch to the C1 color that is attached to your ball/skein at the 2nd to last st of this row. Cut C2 leaving a long enough tail to weave in.
10. Sl1p, K all (23)
11. Repeat prev. row
12. Repeat prev. row
13. Repeat prev. row
14. Repeat prev. row
15. STRIPE 2: Sl1p, K1, then cut C1 with approx. 30-36" tail, switch to C2 and K all sts until last 2, switch to C1 and K2 (23)
16. Sl1p, K1 in C1, switch to C2 and K all sts until last 2, switch to C1 and K2 (23)
17. Repeat prev. row
18. STRIPE 2 END: Repeat prev. row
19. Sl1p, K all in C1 (23) (securing loose strands from previous row if you choose to) Make sure to switch to the C1 color that is attached to your ball/skein at the end of this row. Cut C2 leaving a long enough tail to weave in.
20. Sl1p, K all (23)
21. Repeat prev. row
22. Repeat prev. row
23. Repeat prev. row
24. Repeat prev. row
25. STRIPE 3: Sl1p, K1, then cut C1 with approx. 30-36" tail, switch to C2 and K all sts until last 2, switch to C1 and K2 (23)
26. Sl1p, K1 in C1, switch to C2 and K all sts until last 2, switch to C1 and K2 (23)
27. Repeat prev. row

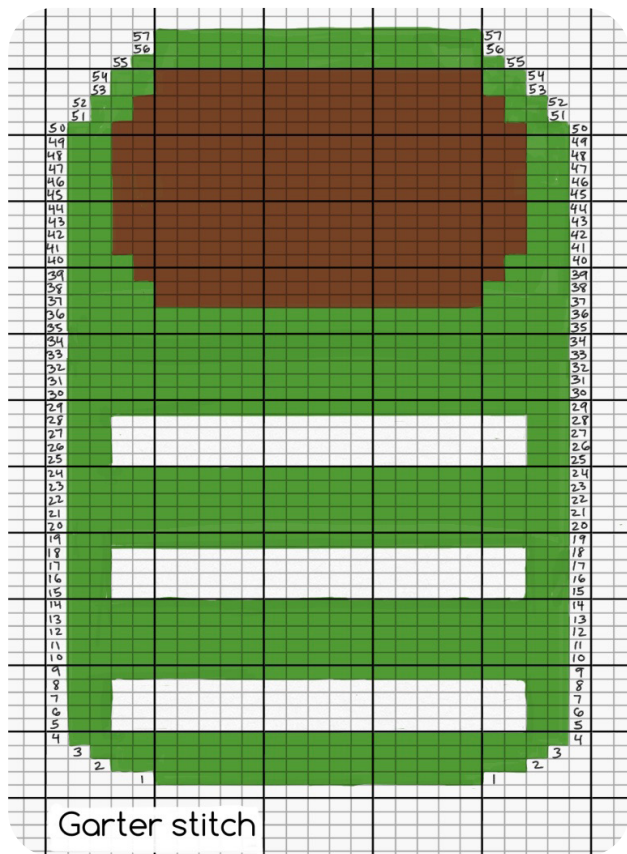


28. STRIPE 3 END: Repeat prev. row
29. Sl1p, K all in C1 (23) (securing loose strands from previous row if you choose to) Make sure to switch to the C1 color that is attached to your ball/skein at the end of this row. Cut C2 leaving a long enough tail to weave in.
30. Sl1p, K all (23)
31. Repeat prev. row
32. Repeat prev. row
33. Repeat prev. row
34. Repeat prev. row
35. Repeat prev. row
36. Repeat prev. row
37. DRINK START: Sl1p, K3, then cut C1 with approx. 50-60" - tail, switch to C3 and K all sts until last 4, switch to C1 and K4 (23)

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- 38.** Sl1p, K3 in C1, switch to C3 and K all sts until last 4, switch to C1 and K4 (23)
- 39.** Sl1p, K2 in C1, switch to C3 and K all sts until last 3, switch to C1 and K3 (23)
- 40.** Repeat prev. row
- 41.** Sl1p, K1 in C1, switch to C3 and K all sts until last 2, switch to C1 and K2 (23)
- 42.** Repeat prev. row
- 43.** Repeat prev. row
- 44.** Repeat prev. row
- 45.** Repeat prev. row
- 46.** Repeat prev. row
- 47.** Repeat prev. row
- 48.** Repeat prev. row
- 49.** Repeat prev. row
- 50.** Repeat prev. row
- 51.** In C1 Sl1p, K2tog, switch to C3 and K all sts until last 3, switch to C1 and K2tog, K1 (21)
- 52.** Sl1p, K1 in C1, switch to C3 and K all sts until last 2, switch to C1 and K2 (21)
- 53.** In C1 Sl1p, K2tog, switch to C3 and K all sts until last 3, switch to C1 and K2tog, K1 (19)
- 54.** DRINK END: Sl1p, K1 in C1, switch to C3 and K all sts until last 2, switch to C1 and K2, cut C3 leaving a long enough tail to weave in. (19)
- 55.** In C1 Sl1p K2tog, K all to last 3 sts, drop C1 yarn you were using and switch to C1 still attached to skein/ball, K2tog, K1 (17)

56. Sl1p, K2tog, K all til last 3 sts, K2tog, K1 (15)

57. P1, BO row with K all

- Weave in ends; if you notice some brown yarn showing through on the edge of the top of your mug, just weave the ends of the mug's yarn color over it.
- Knit handle (see pattern below)
- Add embellishments: Embroider swirl in drink using medium brown (LB Heartland – Indiana Dunes), glue on pompoms/marshmallows as shown in reference photo
- Optional: Add heart or candy cane appliqué (see separate pattern below)
- See notes about assembling scarf below

Handle pattern for Garter st Mug:

CO 21 sts

- 1.** K2tog, P2tog, *K, P* repeat til last 4 sts, P2tog, K2tog (17)
- 2.** Bind off in K, P 1x1 rib as you work this row: P2tog, K2tog, *P, K* repeat til last 4 sts, K2tog, P2tog
- 3.** Stretch out rib in all directions and sew to side of mug, sewing bottom edge of handle next to second stripe and top edge of handle right above third stripe. If not making stripes, place approximately in the middle third of the mug, a little below the brown/cocoa portion.

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Knit Mug: 1x1 Rib Stitch Pattern



Needles: US #7

Yarn: Lion Brand Heartland

Gauge: 28 sts / 24 rows = 4x4" in 1x1 rib

Finished piece: Approx. 4.75x6.5"

Terms:

st: stitch

K: knit stitch

P: purl stitch

kfb: Knit front and back increase

K2tog: Knit 2 together decrease

P2tog: Purl 2 together decrease

Sl1k: Slip 1 st knitwise with yarn in back

C1: Color 1: Mug color suggestions:

- LB Heartland - Lassen Volcanic (Pink)
- LB Heartland - Congaree (Light Blue)
- LB Heartland - Channel Island (Mint; solid only, not recommended for stripes due to lack of contrast with cream)

C2: Color 2: Stripe color

- LB Heartland - Acadia (Cream)

C3: Color 3 Drink color

- LB Heartland - Sequoia (Dark Brown)

RS: Right side with design

WS: Wrong/back side with lines from color changes

NOTES

- Sl1k is done at the start of each row to create the chain edge

Notes about color changes:

- When doing color changes (including on the rows where it switches to C1 only after previously having C2), to prevent gaps, I recommend using this connecting method found at: <http://yarnsub.com/articles/techniques/twist-and-weave-color-change/>
- If making mug WITHOUT stripes, disregard the color changes on the rows that mention C2 and just stick with C1 the whole time
- Re: leaving tails
 - I have given approximate lengths of recommended tails to leave so you can use that yarn for stitches without having to start a new yarn every time you switch colors. That said, some of the tails are very long so I'd recommend rolling them in mini balls or using bobbins etc. to keep them from tangling.
- When changing colors in the drink portion of the pattern, there will be a lot of separate strands of C1 and C3 due to the shape of the brown portion. You could opt to not use separate strands for each row where the starting point of the pink/brown changes, but is worth mentioning as 1x1 rib is normally reversible, and if you don't use separate strands the yarn will show where it's stretched to the next stitch on the back (WS) of the design.
- An intarsia chart is included if you prefer to follow along that way instead of the written out pattern.

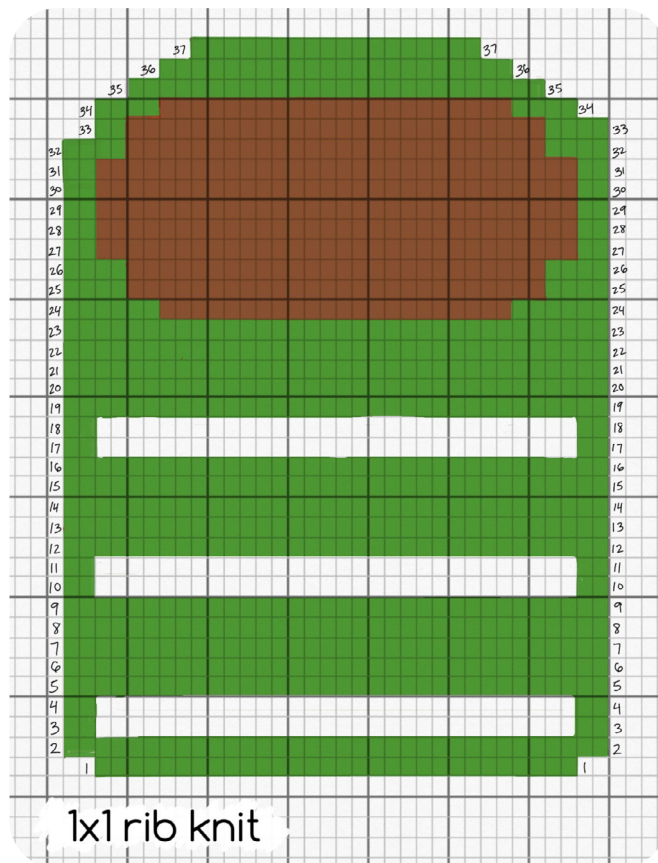
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In C1, CO 30 sts

1. Sl1k, P1, *K1, P1* repeat from * to * to end of row (30)
2. Sl1k, P1, Kfb 2, *K1, P1* repeat from * to * to last 2 sts, Kfb 2 (34)
3. STRIPE 1: In C1 Sl1k, P1, then cut C1 with approx. 40-50" tail, switch to C2 *K1, P1* repeat from * to * to last 2 sts, switch to C1, K1, P1 (34)
4. STRIPE 1: In C1 Sl1k, P1, do not cut C1, switch to C2 *K1, P1* repeat from * to * to last 2 sts, switch to C1, K1, P1 (34)
5. In C1 Sl1k, P1, *K1, P1* repeat from * to * to last 2 sts and switch to C1 strand still attached to ball/skein. (securing loose strands from previous row if you choose to) (34)
6. Sl1k, P1, *K1, P1* repeat from * to * for entire row (34)
7. Repeat prev. row (34)
8. Repeat prev. row (34)
9. Repeat prev. row (34)
10. STRIPE 2: In C1 Sl1k, P1, then cut C1 with approx. 40-50" tail, switch to C2 *K1, P1* repeat from * to * to last 2 sts, switch to C1, K1, P1 (34)
11. STRIPE 2: In C1 Sl1k, P1, do not cut C1, switch to C2 *K1, P1* repeat from * to * to last 2 sts, switch to C1, K1, P1 (34)
12. In C1 Sl1k, P1, *K1, P1* repeat from * to * to last 2 sts and switch to C1 strand still attached to ball/skein. (securing loose strands from previous row if you choose to) (34)
13. Sl1k, P1, *K1, P1* repeat from * to * for entire row (34)
14. Repeat prev. row (34)
15. Repeat prev. row (34)
16. Repeat prev. row (34)
17. STRIPE 3: In C1 Sl1k, P1, then cut C1 with approx. 40-50" tail, switch to C2 *K1, P1* repeat from * to * to last 2 sts, switch to C1, K1, P1 (34)
18. STRIPE 3: In C1 Sl1k, P1, do not cut C1, switch to C2 *K1, P1* repeat from * to * to last 2 sts, switch to C1, K1, P1 (34)
19. In C1 Sl1k, P1, *K1, P1* repeat from * to * to last 2 sts and switch to C1 strand still attached to ball/skein. (securing loose strands from previous row if you choose to) (34)
20. Sl1k, P1, *K1, P1* repeat from * to * for entire row (34)
21. Repeat prev. row (34)
22. Repeat prev. row (34)
23. Repeat prev. row (34)
24. DRINK START: In C1 Sl1k, P1, *K1, P1* 2 times, then cut C1 with 6" tail to weave in, switch to C3 *K1, P1* repeat from * to * to last 6 sts, cut C3 with an approx. 6" tail to weave in, switch to C1 *K1, P1* 3 times (34)



25. In C1 Sl1k, P1, K1, P1, cut C1 with 6" tail, switch to C3 *K1, P1* repeat from * to * to last 4 sts, switch to C1 *K1, P1* 2 times (34)
26. Repeat prev. row (34)
27. In C1 Sl1k, P1, cut C1 with approx. 40-50" tail, switch to C3 *K1, P1* repeat from * to * to last 2 sts, switch to C1, K1, P1 (34)
28. Repeat prev. row
29. Repeat prev. row
30. Repeat prev. row
31. Repeat prev. row, cut C3 with 6" tail
32. In C1 Sl1k, P1, K1, P1, cut C1 with 6" tail, switch to C3 *K1, P1* repeat from * to * to last 4 sts, switch to C1, *K1, P1* 2 times (34)
33. In C1 Sl1k, P1, K1, P1, cut C1 with 6" tail, switch to C3 *K1, P1* repeat from * to * to last 4 sts, switch to C1, K2tog, P2tog (32) (NOTE: This row is deliberately asymmetrical to help even out the visibility of the top of the mug edge on the right side.)
34. DRINK END: In C1 Sl1k, P1, K1, P1, cut C1 with 6" tail, switch to C3 *K1, P1* repeat from * to * to last 6 sts, cut C3 with 6" tail, switch to C1 K2tog, P2tog, K1, P1 (30)

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35. In C1 Sl1k, P1, K2tog, P2tog, *K1, P1* repeat from * to * to last 4 sts, K2tog, P2tog (26)

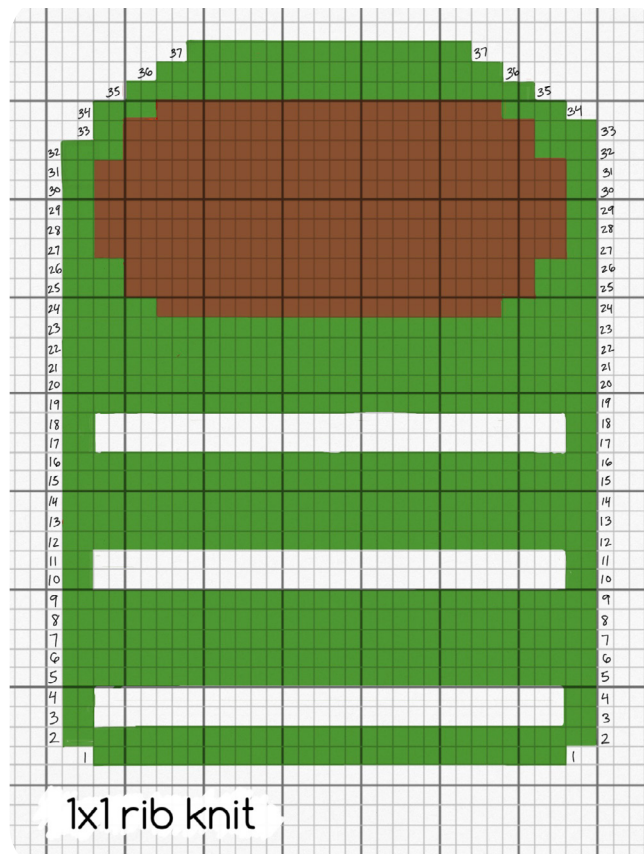
36. In C1 Sl1k, P1, K2tog, P2tog, *K1, P1* repeat from * to * to last 4 sts, (securing loose strands from previous row if you choose to), K2tog, P2tog (22)

37. BO in K, P ribbing pattern as you work this row: Sl1k, P1, K2tog, P2tog, *K1, P1* repeat from * to * to last 4 sts, K2tog, P2tog

- Weave in all ends
- Knit handle (see pattern below)
- Add embellishments: Embroider swirl in drink using medium brown (LB Heartland – Indiana Dunes), glue on pompoms/marshmallows as shown in reference photo
- Optional: Add heart or candy cane appliqué (see separate pattern below)
- See notes about assembling scarf below

Handle pattern:

- CO 8sts
- Knit 15-16 rows in stockinette st. or until height measures approx. 3"
- BO and leave approx. 8-9" tail
- Your piece should already be somewhat rolled/curled, if not, form it into a tube and use the tail of the piece to sew the edges together (mattress st recommended so the seam doesn't show) so the piece won't unravel, this will also help you shape it.
- Both yarn tails will be on the same end at this point, thread one through the tube so that you have one yarn end on each side to sew onto the mug.
- Sew the bottom edge of handle next to second stripe and top edge of handle right above third stripe.
- Weave in tails



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KNIT appliqué patterns

Needles: US #7

Yarn: Lion Brand Homestead

Gauge: In stockinette st. 21 sts / 25 rows = 4x4"

Terms:

st: stitch

K: knit stitch

P: purl stitch

KFBF: Knit into front, back, front increase

Kfb: Knit in front and back increase

Pfb: Purl in front and back increase

K2tog: Knit 2 st together decrease

P2tog: Purl 2 st together decrease

CO: Cast on

BO: Bind off



Candy Cane appliqué

CO 4 sts in white/cream yarn (LB Heartland - Acadia)

1. Knit in stockinette st until piece measures approx. 3.25"
2. BO and leave approx. 8-9" tail
3. Your piece should already be somewhat rolled/curled, if not, form it into a tube and use the tail of the piece to sew the edges together (mattress st

recommended so the seam doesn't show) so the piece won't unravel, this will also help you shape it.

4. Also sew the ends closed, the CO edge will work better as the top of the candy cane as sewing it together will create more of a rounded end, while the BO edge sewn closed will look flatter and better as the base of the candy cane.

5. You should be able to shape the tube into a candy cane hook shape now; use strand of red yarn (LB Heartland - Redwood) to embroider or duplicate stitch stripes on to your candy cane

6. To preserve the shape, sew your candy cane appliqué wherever you choose



Heart appliqué

CO 1 st in red yarn (LB Heartland - Redwood)

1. KFBF (3)
2. Pfb, P1, Pfb (5)
3. Kfb, K3, Kfb (7)
4. Pfb, P5, Pfb (9)
5. Kfb, K7, Kfb (11)
6. P all (11)
7. K all (11)
8. P all (11)
9. K all (11)
10. P5 (5) leave remaining 6 sts on needle, you will knit them later
11. K3, K2tog (4)
12. P2tog twice and BO
13. Go back to prev 6 sts on needle, P2 and BO 1 st, P4 (5)
14. K2tog, K3 (3)
15. P2tog twice and BO
16. To help round out the tops of the hearts, weave the yarn ends in 1-2 st towards the outer side of the heart before sewing onto piece.

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MUG SCARF ASSEMBLY

- 1.** Plan the order you'd like your mugs to be in for your scarf. You'll want to seam together a string of 5 mugs and a string of 6 mugs. If you choose to have 12 mugs in your scarf, seam together a string of 5 mugs and 7 mugs. Twinkie Chan recommends having the "change of direction" in the scarf to be away from the exact center of the scarf for aesthetic reasons when wearing.
- 2.** To seam together 2 mugs, use whip stitch or mattress stitch. Whip stitch is recommended because it's faster for most people. Place one mug above the other, with right sides of both pieces facing you, as centered as possible. Eyeballing your seaming stitches is fine. You're connecting the straight bottom of one mug to the curved top of another mug. You want as much contact between the two mugs as possible for security, but if you seam them together too much, your scarf will start buckling a little bit due to the mug curvature.
- 3.** Once you've seamed together your 2 separate strands of mugs, connect the tops. 12 whip stitches will work here as well.

Holiday Sweets Sections KNIT Patterns

Needles: US #7

Yarn: Lion Brand Homestead

Gauge: In Garter st. 19 sts / 37 rows = 4x4"

In Seed st 19 sts / 32 rows = 4x4"

Finished section scarf: Approx. 7" wide x 72" long

Terms:

CO: Cast on

BO: Bind off

st: stitch

K: knit stitch

KFBF: Knit into front, back, front increase

K3tog: Knit 3 together decrease

C1: Color 1

C2: Color 2

RS: Right side with design

WS: Wrong/back side with lines from color changes

NOTES

- All patterns except the Peppermint Bark panel are worked in garter stitch to ensure it will lay flat with no curling

Notes about color changes:

- All color changes are done on odd numbered rows to prevent stripes showing on the front side (RS) of the piece. If you ever lose track, you can tell if you're on an odd row if the tail of the project is hanging on the left side of your work.
- Cutting the yarn and starting a new yarn is recommended (vs carrying the yarn) when switching colors as carrying along can change the density and shape of the fabric.
- For a complete scarf, you'll need 7-8 sections of your choice, depending on how long you want your scarf.
- For any of the patterns, choose one color as your Main Color (C1) and another for your contrasting color (C2). You'll only need one color for the Peppermint Bark section.
- Assemble your scarf by seaming the short edges of your sections together using whip stitch or mattress stitch.
- Pinning pieces together before seaming can be helpful if your sections aren't exactly the same width, which can happen because everyone's gauge can differ from time to time, and also there are always small discrepancies with different yarns.
- If appliqueing a mug to a section, you can use a simple running stitch. You also don't have to sew down the handle. It's fun to leave it loose.

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Candy Cane Section (Varied Stripes) 7x9"

- CO 34 sts in C1
- In C1, knit 12 rows (and all rows) in Garter st
- Switch to C2, knit 4 rows
- Switch to C1, knit 4 rows
- Switch to C2, knit 8 rows
- Repeat above pattern until you reach 9" which should be approx. 84 rows total
- BO, weave in ends



Ribbon Candy Section (Uniform Size Vertical Stripes) 9x7"

- CO 44 sts in C1
- In C1 knit 6 rows (and all rows) in Garter st
- Switch to C2, knit 6 rows
- Repeat above pattern until you reach 7" which should be approx. 65 rows total and 11 stripes
- BO, weave in ends



Marshmallow Bobble Section 7x9"

- CO 34 sts in C1
- In C1 knit in Garter st until piece measures 9", approx 84 rows
- BO, weave in ends
- Knit 18 bobbles, see pattern below.

Bobble pattern:

1. In C2, CO 1 st (slip knot only) leave approx. 6" tail
2. KFBF (3)
3. P all (3)
4. K all (3)
5. P all (3)
6. K3tog (1)
7. Tie knot with end and keep an approx. 6" tail

Bobble placement:

You will be threading the ends of the bobbles through the panel, tying a knot (securing both ends will create the bobble shape; you may need to shape it with your hands if it's not looking round enough) and sewing in the ends, placing them according to the diagram.

- *Alternatively, you can pick up a single stitch on the panel instead of CO 1 and knit the bobble directly onto the panel, however sewing them on later helps you gauge that the placement looks even before securing everything.*
- *Feel free to place the bobbles visually from the diagram instead of using the measurements below, if you prefer.*

All measurements are from the center of the bobble, not the edge

Bottom row: 4 bobbles placed approx 1.75" from bottom edge (approx 13 rows) and approx 1.5" from the side edge and approx 1.25" between each bobble

- Second to bottom row: 3 bobbles placed approx 1.5" above the previous row (approx 11 rows), 2" from the side edge and 1.5" between each bobble
- Middle row: 4 bobbles placed approx 1.5" above the previous row (approx 11 rows, and should be in the center row of your panel, approx 3.5" from the top and bottom edge) and approx 1.5" from the side edge and approx 1.5" between each bobble.
- Second to top row: 3 bobbles placed approx 1.5" above the previous row (approx 11 rows), 2" from the side edge and 1.5" between each bobble
- Top row: 4 bobbles placed approx 1.75" from top edge (approx 13 rows) and approx 1.5" above the previous row (approx 11 rows), approx 1.5" from the side edge and approx 1.5" between each bobble

This project can also support the charity Warm Up America. <https://warmupamerica.org/>

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HOLIDAY SWEETS SECTIONS



Peppermint Bark (Seed Stitch) Section 7x9"

- CO 33 sts in C1
- Knit 9" in Seed st, alternating K, P sts and purling the knits and knitting the purls on each row (approx 72 rows)
- BO, weave in ends

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